

# Safeguarding Newsletter

## Online Safety



This safeguarding newsletter provides information on how we promote keeping children safe online at Holy Cross Preschool Nursery, and top tips on how you can support keeping your child safe online within your home environment.

Here at Holy Cross Pre-school Nursery we have introduced the children to the story 'Little bird's internet security adventure'. The children have met the different characters who help guide Little bird to stay safe online.

### **Why technology is importance for children's development:**

- Problem solving, allowing children to pay attention to detail to help solve clues.
- Supports hand-eye co-ordination and fine motor skills
- Supports language development

### **Our Nursery screen time rules:**

- The children do not turn on the screen themselves, they need to ask permission to use the screen.
- A 5-minute timer is used
- No more than 2 children at the screen at one time.
- There is always an adult sitting with the children during screen time
- Screen time takes place if the children ask to use it between 10.45am-11.15am and 1.30pm-2pm

Top tips you can do at home to support keeping your child safe online:

- Set parental controls, passwords, filters.
- Read and discuss 'Little bird internet safety adventure'
- Update software
- Log out of all accounts
- Don't keep electronic devices in your child bedroom, as the blue light can disturb your child's sleep pattern.
- Limit screen time, un plug and play

For more information regarding please see the links provided:

[www.internetmatters.org](http://www.internetmatters.org)

[www.nspcc.org/keeping-children-safe/online-safety/](http://www.nspcc.org/keeping-children-safe/online-safety/)

[www.bbc.co.uk/cbeebies/grownups/article-internet-use-and-safety](http://www.bbc.co.uk/cbeebies/grownups/article-internet-use-and-safety)

Here at Holy Cross Pre School Nursery safeguarding is everyone's responsibility. If you have any concerns regarding the safety of a child, please contact one of our DSL team.



Miss Zara Osborne Designated safeguarding lead/ Nursery & Kids Club Manager



Miss Hannah Blunt Deputy safeguarding lead/ Nursery Deputy Manager



Mrs Julie Keeley Deputy safeguarding lead/ Kid's Club Deputy Manager